

LONG BIO:

José N. Harris was born in Detroit Michigan on December 25, 1962. He lived there for several years before his family relocated to Juan Aldama, Zacatecas, Mexico and later the border town of Tijuana, Mexico. His mother, a migrant farm worker, would travel back and forth between Ventura County, California and Tijuana for work, sometimes taking José and his siblings with her.

José eventually ended up in and out of the foster care system. At the age of 17, He enlisted in the US Army where he obtained his GED and became an Army medic. He volunteered for and became a Paratrooper and an Army Ranger (1st Ranger Battalion). Later he was trained as a Special Forces Medical Sergeant. He was stationed in Central America for most of his Army career. He was honorably discharged from the US Army in 1987 and enlisted in the Army Reserves where he continued to serve in the 12th Special Forces Group.

Dr. Harris married and had two daughters while pursuing his education at the University of California at Irvine where he received his B.A. in both Psychology (with Honor's) and Psychobiology. He entered the University of California at Berkeley Psychology M.A. /Ph.D. program. He completed his Ph.D. in Psychology at Hebrew University of Jerusalem/WUJS in Israel. He also completed post doctoral studies in behavioral neurology at the Hebrew University of Jerusalem at the Hadassah Medical Center. He remained in Israel, where he had private practices in psychology and neuropsychology. He served as the Chief Neuropsychologist at the Sarah Herzog Memorial Hospital in the division of Neuropsychogeriatrics and in the Neurobehavioral Clinic, where he supervised psychologists, psychiatrists and neurologists. He also taught as an Associate Professor, at both the Institute of Technology, Arts and Science, Holon and at The Technion University in Haifa, Israel.

Upon returning to the United States, Mr. Harris pursued a career in social services as a Family Law Mediator, Adoptions Specialist, and as a Program Director for multiple adoption and foster programs in the San Francisco Bay area. He also served as the chief operations officer at a large medical facility in Northern California.

In 2004, Dr. Harris began suffering from Post-traumatic Stress Disorder (PTSD), related to his military service in undeclared wars in Central America, during the 1980s.

A few years later, Dr. Harris began work on his book, *MI VIDA: a Story of Faith, Hope and Love*.

He is currently working on his second book- *UNDECLARED WARS: Central America in the 1980s*. And the Spanish Edition of *MI VIDA*. His third book will be - *JERRY LaRUE ROCK: America's First Sergeant*.

Dr. Harris currently resides in Anaheim, California with his imaginary dog, Jackie.

EARLY PRAISES FOR MI VIDA:

"Fascinating!" - JW, Professor Emeritus of Psychology and Psychiatry, California

This is a bad-assed book. It's got everything. Sex, drugs & rock and roll. There is some really heart breaking stuff in this book. It is an emotional roller coaster ride. If you are looking for stories about SF operations and killing Narco terrorist-don't buy this book, go ...get a copy of Soldier of Fortune. If you want to read about real life - and how a real soldier bounces back- then read this. There are some things in the book not for the feint of heart. You will be angry, sad, frustrated and happy all in 454 pages. If Joe can get through w.....hat he did and turn his life around, then I can get through anything. Much respect Jose. Airborne, All the Way, -RG, California

"Jose we all have a past, albeit not as colorful as yours. Your truthfulness in putting it in print for all who care to read takes bravery, maybe surpassing the bravery of your service to your Country. No one willingly would take a gut wound like you have with this book if they could avoid it. Your vulnerability in exposing your true self I commend. I will say again that the book was written in such a way as to be a box office hit when brought to the big screen. I personally can't wait. I respect all of the characters in your book, both good and bad. They have stories too. If you want a roller coaster ride of emotions, and a true story of one man's walk through this world... buy Jose's book." - T.R., Kentucky

There are no words that can express the love, pride and adoration I feel for you and your book... It is that feeling of a bright beautiful day, as if I was holding your hand as you walk me to your restaurant, feeling so lucky to know you! – AH, Woodbridge, Virginia.

Your book is well done, but I want to give God His due. My walk with Him has been like you describe yours... I stayed faithful and trusting God...and He never failed me.... His gift to me...seeing people and situations coupled with YOUR RAW HONESTY = insight! - CH, California

It's an amazing book! It's all that you tried to make it and more. Tears, laughter, love, pain and redemption. It's your journey. Thank you for sharing it with all of us... Jose, I have to say that I'm so glad you let me read your book. I cried and laughed and marveled at the life that you have led. I couldn't put it down! From your childhood to how you strive to live your life today, shows the resiliency and strength of faith that you have. I can't wait for the book to officially come out and... I'm telling all my friends and family to get one too!- DY, Los Angeles, California.

I must say, your life is like something that most of us can only imagine. Some of the things you went through in your childhood years just made me cry. It is amazing that you have turned out to be the man that you are. I am going to have to buy the book and I will pre-order as soon as I can. Good luck with sales, Jose. I wish you the best always. God bless you. – LGP, New Braunfels, Texas.

Dr. Harris, I read the first chapters of your book and I can't wait to read the rest of it! They made me laugh. They made me cry. They made me feel young again and alive. Like I was a child with you. Can I order it now? Thank you! - CR, San Clemente, California.

As being the first to read your book I cannot express how proud I am of you and this book. It made me laugh and it made me cry. You wrote it with so much heart I felt even closer to you after I read it. I cant wait to see your words put on paper so I can share it with everyone I know. Your story is a testament to the human strength we all posses but don't realize it until we are pushed to our limits! Jose you are an amazing man! – MWL, Paso Robles, California.